

# 19. Steinbecker Triathlon - 27. Juni 2010

## Steel Man (1,5/70/21)

gedruckt 30.06.2010 10:17:34

### Männer

| Platz | Nr. | Name Vorname           | Verein*/Ort                   | Endzeit  | Total   | Jg | AK  | PI   | Schwimmen | Platz | Rad     | Platz   | nach Rad | Platz   | Laufen  |         |
|-------|-----|------------------------|-------------------------------|----------|---------|----|-----|------|-----------|-------|---------|---------|----------|---------|---------|---------|
| 1.    | 39  | Raatz, Sebastian       | Kölnener Triathlon Team 01    | 3:39:44  | 1       | 83 | MHK | 66.  | 29:32     | 4.    | 1:49:58 | 13.     | 2:19:30  | 1.      | 1:20:13 |         |
| 2.    | 92  | Kiso, Andreas          | SGE Exter                     | 3:40:03  | 2       | 68 | M40 | 16.  | 24:42     | 12.   | 1:54:35 | 11.     | 2:19:18  | 2.      | 1:20:45 |         |
| 3.    | 81  | Santel, Jürgen         | SC Altenrheine / Grün W       | 3:42:22  | 3       | 73 | M35 | 29.  | 25:15     | 3.    | 1:49:58 | 3.      | 2:15:13  | 6.      | 1:27:09 |         |
| 4.    | 114 | Grütjen, Joachim       | Tri Elks Schleiden            | 3:42:48  | 4       | 61 | M45 | 46.  | 26:40     | 1.    | 1:48:38 | 4.      | 2:15:19  | 7.      | 1:27:29 |         |
| 5.    | 111 | Thomas, Poirel         | TGV54                         | 3:45:09  | 5       | 71 | M35 | 62.  | 28:44     | 15.   | 1:55:16 | 18.     | 2:24:01  | 3.      | 1:21:08 |         |
| 6.    | 128 | Steinmetz, Roland      | triathlonsteam sc wiking herr | 3:45:44  | 6       | 76 | M30 | 50.  | 27:13     | 13.   | 1:54:46 | 16.     | 2:22:00  | 4.      | 1:23:43 |         |
| 7.    | 55  | Janning, Matthias      | marathon steinfurt            | 3:47:21  | 7       | 63 | M45 | 10.  | 23:54     | 5.    | 1:51:01 | 2.      | 2:14:55  | 15.     | 1:32:25 |         |
| 8.    | 66  | Tapken, Christoph      | OT Bremen                     | 3:48:17  | 8       | 78 | M30 | 39.  | 25:59     | 21.   | 1:58:14 | 20.     | 2:24:13  | 5.      | 1:24:04 |         |
| 9.    | 89  | Gruschwitz, Sascha     | SG Blau-Weiß Reichenba        | 3:48:19  | 9       | 78 | M30 | 25.  | 25:03     | 10.   | 1:54:13 | 10.     | 2:19:17  | 10.     | 1:29:02 |         |
| 10.   | 102 | Jakobi, Heinrich       | SV Bergisch Gladbach          | 3:48:56  | 10      | 73 | M35 | 3.   | 22:25     | 7.    | 1:52:58 | 5.      | 2:15:23  | 19.     | 1:33:32 |         |
| 11.   | 78  | Siwon, Daniel          | RWE Starlight Team Ess        | 3:49:04  | 11      | 70 | M40 | 21.  | 24:57     | 11.   | 1:54:23 | 12.     | 2:19:21  | 11.     | 1:29:43 |         |
| 12.   | 101 | Dünner, Joachim        | SV Bergisch Gladbach          | 3:49:13  | 12      | 62 | M45 | 6.   | 23:36     | 6.    | 1:51:51 | 6.      | 2:15:28  | 20.     | 1:33:45 |         |
| 13.   | 167 | Fuchs, Michael         | TTR08                         | 3:51:11  | 13      | 69 | M40 | 8.   | 23:48     | 18.   | 1:56:32 | 14.     | 2:20:21  | 12.     | 1:30:50 |         |
| 14.   | 115 | Weiß, Peter            | Tri Finish Münster            | 3:53:01  | 14      | 68 | M40 | 37.  | 25:42     | 22.   | 1:58:31 | 21.     | 2:24:14  | 9.      | 1:28:47 |         |
| 15.   | 154 | Jendretzki, Gero       | TSG Burg Gretesch             | 3:56:12  | 15      | 79 | M30 | 11.  | 24:15     | 14.   | 1:55:00 | 8.      | 2:19:15  | 25.     | 1:36:56 |         |
| Z     | 16. | 71                     | Hammelmaier, Marc             | Ratingen | 3:56:17 | 16 | 73  | M35  | 12.       | 24:26 | 8.      | 1:53:07 | 7.       | 2:17:33 | 32.     | 1:38:43 |
| 17.   | 54  | Frank, Arne            | Luhdener SV                   | 3:56:32  | 17      | 79 | M30 | 1.   | 19:56     | 2.    | 1:49:44 | 1.      | 2:09:40  | 56.     | 1:46:52 |         |
| 18.   | 122 | Schattmann, Achim      | TriAs Hildesheim              | 3:57:34  | 18      | 59 | M50 | 31.  | 25:19     | 28.   | 2:00:37 | 27.     | 2:25:56  | 13.     | 1:31:37 |         |
| 19.   | 173 | Otter, Jan             | Vriezenveen                   | 3:57:50  | 19      | 84 | MHK | 34.  | 25:25     | 16.   | 1:55:23 | 15.     | 2:20:48  | 26.     | 1:37:01 |         |
| 20.   | 143 | Balg Dr. Jürgen        | Tri-Sport-Team Verl           | 3:58:39  | 20      | 57 | M50 | 15.  | 24:37     | 33.   | 2:02:01 | 29.     | 2:26:39  | 14.     | 1:32:00 |         |
| 21.   | 56  | Weber, Sascha          | Marathon Steinfurt            | 3:58:43  | 21      | 76 | M30 | 35.  | 25:27     | 48.   | 2:05:40 | 40.     | 2:31:07  | 8.      | 1:27:36 |         |
| 22.   | 76  | Schwarz, Christian     | Ronsdorfer SG                 | 4:00:37  | 22      | 86 | MHK | 4.   | 22:53     | 32.   | 2:01:46 | 22.     | 2:24:40  | 21.     | 1:35:57 |         |
| 23.   | 177 | Elkmann, Hendrik       | WSU Tri-Team Warendorf        | 4:01:31  | 23      | 74 | M35 | 60.  | 28:33     | 17.   | 1:56:07 | 23.     | 2:24:40  | 23.     | 1:36:50 |         |
| 24.   | 108 | Trautmann, Georg       | Team Hübel Bonn               | 4:02:26  | 24      | 83 | MHK | 33.  | 25:20     | 9.    | 1:53:56 | 9.      | 2:19:16  | 41.     | 1:43:10 |         |
| 25.   | 87  | Sanders, André         | SC Weyhe Triathlon            | 4:02:36  | 25      | 79 | M30 | 30.  | 25:16     | 19.   | 1:57:16 | 17.     | 2:22:32  | 38.     | 1:40:04 |         |
| 26.   | 4   | Johannes, Ingo         | 1. TCO Bären Oldenburg        | 4:03:01  | 26      | 67 | M40 | 14.  | 24:32     | 24.   | 1:59:35 | 19.     | 2:24:08  | 33.     | 1:38:53 |         |
| 27.   | 172 | Schmedding, Dominik    | VFL Münster                   | 4:03:48  | 27      | 66 | M40 | 23.  | 25:00     | 29.   | 2:00:53 | 26.     | 2:25:54  | 28.     | 1:37:53 |         |
| 28.   | 180 | Dirkes, Christoph      | www.3athletic.com             | 4:04:41  | 28      | 78 | M30 | 13.  | 24:31     | 53.   | 2:06:54 | 41.     | 2:31:26  | 17.     | 1:33:14 |         |
| 29.   | 41  | Voll, Ulrich           | Krefelder-Kanu-Klub           | 4:05:27  | 29      | 62 | M45 | 52.  | 28:00     | 23.   | 1:59:26 | 30.     | 2:27:27  | 29.     | 1:38:00 |         |
| 30.   | 34  | Steinkamp, Robert      | GW Westkirchen                | 4:07:32  | 30      | 76 | M30 | 44.  | 26:20     | 41.   | 2:03:50 | 36.     | 2:30:10  | 27.     | 1:37:21 |         |
| 31.   | 62  | Cerowski, Udo          | MTV Jahn Schladen             | 4:07:40  | 31      | 63 | M45 | 38.  | 25:52     | 39.   | 2:02:50 | 32.     | 2:28:43  | 34.     | 1:38:57 |         |
| 32.   | 135 | Hannig, Ralf           | TriFun Hennesee               | 4:08:50  | 32      | 66 | M40 | 51.  | 27:19     | 44.   | 2:04:36 | 44.     | 2:31:56  | 24.     | 1:36:54 |         |
| 33.   | 77  | Hofmann, Erhard        | RSV Osthelden                 | 4:10:08  | 33      | 55 | M55 | 103. | 35:35     | 30.   | 2:01:15 | 59.     | 2:36:50  | 18.     | 1:33:17 |         |
| 34.   | 147 | Mussing, Thomas        | Tri-Team LG Emsdetten         | 4:10:13  | 34      | 73 | M35 | 43.  | 26:20     | 47.   | 2:05:12 | 42.     | 2:31:32  | 31.     | 1:38:41 |         |
| 35.   | 119 | Blum, Andreas          | Tri Team Münster              | 4:10:29  | 35      | 87 | MHK | 20.  | 24:54     | 25.   | 1:59:50 | 24.     | 2:24:45  | 49.     | 1:45:44 |         |
| 36.   | 14  | Poerschke, Torsten     | Bochum                        | 4:10:57  | 36      | 81 | MHK | 17.  | 24:45     | 69.   | 2:09:28 | 50.     | 2:34:14  | 22.     | 1:36:42 |         |
| 37.   | 17  | Ohly, Jens             | Campana Team                  | 4:11:11  | 37      | 72 | M35 | 47.  | 26:51     | 45.   | 2:04:48 | 43.     | 2:31:39  | 35.     | 1:39:32 |         |
| 38.   | 61  | Köster, Clemens        | MTV Aurich Triathlon          | 4:14:56  | 38      | 73 | M35 | 48.  | 27:07     | 62.   | 2:07:52 | 53.     | 2:35:00  | 37.     | 1:39:55 |         |
| 39.   | 116 | Casimir, Dirk          | Tri Finish Münster            | 4:15:45  | 39      | 69 | M40 | 9.   | 23:53     | 35.   | 2:02:13 | 28.     | 2:26:06  | 60.     | 1:49:38 |         |
| 40.   | 5   | Gärtner, Timm          | 1. TCO Bären Oldenburg        | 4:16:14  | 40      | 87 | MHK | 65.  | 29:25     | 27.   | 2:00:19 | 34.     | 2:29:44  | 55.     | 1:46:29 |         |
| 41.   | 20  | Paffrath, Georg        | Düsseldorf                    | 4:16:46  | 41      | 60 | M50 | 57.  | 28:21     | 34.   | 2:02:05 | 37.     | 2:30:27  | 53.     | 1:46:19 |         |
| 42.   | 170 | Scharff, Thomas        | USC Kiel                      | 4:17:05  | 42      | 64 | M45 | 42.  | 26:18     | 74.   | 2:10:31 | 60.     | 2:36:50  | 39.     | 1:40:14 |         |
| 43.   | 159 | Merten, Frank          | TSVE 1890 Bielefeld           | 4:17:19  | 43      | 67 | M40 | 78.  | 31:36     | 57.   | 2:07:10 | 66.     | 2:38:47  | 30.     | 1:38:32 |         |
| 44.   | 58  | Hausdorf, Uwe          | Marathonclub Menden           | 4:18:13  | 44      | 62 | M45 | 106. | 36:17     | 67.   | 2:09:18 | 85.     | 2:45:35  | 16.     | 1:32:37 |         |
| 45.   | 130 | Heltewig, Oliver       | Tri-Club Wuppertal            | 4:19:13  | 45      | 71 | M35 | 2.   | 22:12     | 60.   | 2:07:33 | 35.     | 2:29:46  | 59.     | 1:49:27 |         |
| 46.   | 53  | Jacobsen, Justus       | Luhdener SV                   | 4:19:21  | 46      | 72 | M35 | 79.  | 31:38     | 58.   | 2:07:14 | 67.     | 2:38:52  | 40.     | 1:40:29 |         |
| 47.   | 160 | Bögl, Christian        | TSVE 1890 Bielefeld           | 4:19:52  | 47      | 72 | M35 | 67.  | 29:40     | 43.   | 2:04:10 | 47.     | 2:33:50  | 51.     | 1:46:02 |         |
| 48.   | 156 | Schardt, Jörg          | TSV Bayer Leverkusen          | 4:19:57  | 48      | 70 | M40 | 5.   | 23:26     | 31.   | 2:01:29 | 25.     | 2:24:55  | 75.     | 1:55:01 |         |
| 49.   | 65  | Meyer, Alexander       | OSC                           | 4:21:03  | 49      | 82 | MHK | 56.  | 28:16     | 37.   | 2:02:30 | 39.     | 2:30:46  | 63.     | 1:50:16 |         |
| 50.   | 124 | Uphoff, Marc           | Triathlon Team Lüneburg       | 4:21:10  | 50      | 74 | M35 | 93.  | 33:29     | 40.   | 2:03:17 | 58.     | 2:36:47  | 46.     | 1:44:22 |         |
| 51.   | 97  | Gödecke, Claas         | SSF Bonn Triathlon            | 4:21:23  | 51      | 73 | M35 | 94.  | 33:47     | 26.   | 2:00:18 | 49.     | 2:34:06  | 57.     | 1:47:17 |         |
| 52.   | 52  | Dobrinsky, Thomas      | Luhdener SV                   | 4:22:04  | 52      | 70 | M40 | 54.  | 28:06     | 70.   | 2:09:48 | 63.     | 2:37:55  | 44.     | 1:44:09 |         |
| 53.   | 142 | Menken, Tobia          | TriSpeed Marienfeld e.V.      | 4:23:00  | 53      | 83 | MHK | 88.  | 32:45     | 76.   | 2:10:39 | 81.     | 2:43:24  | 36.     | 1:39:36 |         |
| 54.   | 1   | Wagner, Thomas         | Wallenhorst                   | 4:23:23  | 54      | 66 | M40 | 74.  | 31:28     | 64.   | 2:08:27 | 72.     | 2:39:56  | 42.     | 1:43:27 |         |
| 55.   | 73  | Freiburg-Senses, HenRC | Sorpesee Tri-Team             | 4:23:31  | 55      | 68 | M40 | 26.  | 25:09     | 84.   | 2:13:56 | 68.     | 2:39:06  | 47.     | 1:44:24 |         |
| 56.   | 60  | Siemens, Marc - Oliv   | MTV Aurich Triathlon          | 4:23:37  | 56      | 71 | M35 | 64.  | 29:12     | 65.   | 2:08:36 | 62.     | 2:37:49  | 50.     | 1:45:48 |         |
| 57.   | 166 | Stier, Helge           | TSVE Bielefeld                | 4:24:15  | 57      | 72 | M35 | 59.  | 28:30     | 49.   | 2:06:00 | 51.     | 2:34:30  | 61.     | 1:49:45 |         |
| 58.   | 118 | Gralka, Robert         | Tri Sport Menden              | 4:24:27  | 58      | 70 | M40 | 82.  | 31:50     | 50.   | 2:06:08 | 64.     | 2:37:58  | 54.     | 1:46:29 |         |

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## Steel Man (1,5/70/21)

gedruckt 30.06.2010 10:17:34

### Männer

| Platz | Nr. | Name Vorname         | Verein/*Ort                | Endzeit | Total | Jg | AK  | Pl   | Schwimmen | Platz | Rad     | Platz | nach Rad | Platz | Laufen  |
|-------|-----|----------------------|----------------------------|---------|-------|----|-----|------|-----------|-------|---------|-------|----------|-------|---------|
| 59.   | 37  | Steckel, Manfred     | Triathlon Steckel Cologne  | 4:25:01 | 59    | 55 | M55 | 32.  | 25:20     | 66.   | 2:08:41 | 48.   | 2:34:02  | 67.   | 1:50:59 |
| 60.   | 133 | Bornemann, Horst     | TriFun Hennesee            | 4:25:11 | 60    | 64 | M45 | 27.  | 25:11     | 42.   | 2:04:07 | 33.   | 2:29:18  | 78.   | 1:55:53 |
| 61.   | 139 | Schwering, Bastian   | TriFun Hennesee            | 4:25:15 | 61    | 74 | M35 | 41.  | 26:13     | 36.   | 2:02:19 | 31.   | 2:28:33  | 79.   | 1:56:42 |
| 62.   | 125 | Weishaupt, Matthias  | Triathlon WVC Kassel       | 4:26:09 | 62    | 82 | MHK | 71.  | 30:37     | 73.   | 2:09:53 | 76.   | 2:40:30  | 48.   | 1:45:39 |
| 63.   | 33  | Bien, Rainer         | Georgs Reha und Vital Hö   | 4:26:23 | 63    | 66 | M40 | 102. | 35:25     | 46.   | 2:04:50 | 74.   | 2:40:16  | 52.   | 1:46:06 |
| 64.   | 82  | Beermann, Ludger     | SC Falke Saerbeck          | 4:28:11 | 64    | 50 | M60 | 69.  | 30:04     | 83.   | 2:13:51 | 83.   | 2:43:56  | 45.   | 1:44:14 |
| 65.   | 106 | Liedtke, Guido       | Team BePo Hannover & f     | 4:29:17 | 65    | 77 | M30 | 7.   | 23:41     | 85.   | 2:14:22 | 65.   | 2:38:04  | 68.   | 1:51:12 |
| 66.   | 42  | Sievers, Dirk        | LC Hansa Stuhr - Tri Wölfe | 4:30:37 | 66    | 69 | M40 | 90.  | 33:03     | 20.   | 1:57:36 | 38.   | 2:30:40  | 83.   | 1:59:57 |
| 67.   | 13  | Kupig, André         | ASV Duisburg               | 4:30:42 | 67    | 79 | M30 | 109. | 37:43     | 38.   | 2:02:35 | 75.   | 2:40:18  | 65.   | 1:50:23 |
| 68.   | 6   | Wessels, Frank       | 1. TCO Bären Oldenburg     | 4:30:54 | 68    | 70 | M40 | 28.  | 25:14     | 71.   | 2:09:51 | 54.   | 2:35:06  | 77.   | 1:55:47 |
| 69.   | 176 | Remke, Tobias        | WSU Tri-Team Warendorf     | 4:32:19 | 69    | 72 | M35 | 70.  | 30:23     | 51.   | 2:06:12 | 57.   | 2:36:35  | 76.   | 1:55:44 |
| 70.   | 161 | Weiser, Ronny        | TSVE 1890 Bielefeld        | 4:32:40 | 70    | 79 | M30 | 22.  | 24:59     | 56.   | 2:07:05 | 46.   | 2:32:05  | 84.   | 2:00:35 |
| 71.   | 67  | Rüffer, Sascha       | Porta Westfalica           | 4:32:51 | 71    | 86 | MHK | 40.  | 26:02     | 91.   | 2:16:30 | 80.   | 2:42:33  | 64.   | 1:50:18 |
| 72.   | 126 | Arcypowski, Eckhard  | triathlon-Club Essen 84    | 4:33:25 | 72    | 54 | M55 | 101. | 35:15     | 52.   | 2:06:29 | 79.   | 2:41:44  | 69.   | 1:51:40 |
| 73.   | 163 | Schmidt, Andree      | TSVE 1890 Bielefeld        | 4:34:22 | 73    | 68 | M40 | 68.  | 29:56     | 78.   | 2:11:19 | 77.   | 2:41:16  | 73.   | 1:53:05 |
| 74.   | 9   | Langner, Eckhard     | 1.Tri-Team GTV Gütersloh   | 4:35:02 | 74    | 60 | M50 | 45.  | 26:33     | 75.   | 2:10:34 | 61.   | 2:37:07  | 81.   | 1:57:54 |
| 75.   | 90  | Cordes, Rainer       | SG Flensburg-Handewitt     | 4:36:11 | 75    | 64 | M45 | 77.  | 31:36     | 61.   | 2:07:35 | 69.   | 2:39:12  | 80.   | 1:56:59 |
| 76.   | 152 | Voges, Oliver        | TSG 07 Burg Gretesch       | 4:37:30 | 76    | 74 | M35 | 58.  | 28:22     | 55.   | 2:07:04 | 55.   | 2:35:27  | 89.   | 2:02:03 |
| 77.   | 74  | Wolfgang, Klaus      | RC-Entspurt Herford e.V.   | 4:38:24 | 77    | 57 | M50 | 91.  | 33:05     | 81.   | 2:12:55 | 86.   | 2:46:00  | 70.   | 1:52:24 |
| 78.   | 121 | Ritter, Thomas       | Tri Team TUS Engter        | 4:40:03 | 78    | 60 | M50 | 73.  | 31:22     | 63.   | 2:07:54 | 70.   | 2:39:16  | 85.   | 2:00:47 |
| 79.   | 168 | Heemann, Udo         | TVE Weiher                 | 4:40:12 | 79    | 69 | M40 | 84.  | 32:00     | 68.   | 2:09:25 | 78.   | 2:41:25  | 82.   | 1:58:46 |
| 80.   | 179 | Hakenes, Christian   | Wuppertal                  | 4:40:34 | 80    | 87 | MHK | 108. | 37:26     | 82.   | 2:13:04 | 95.   | 2:50:30  | 62.   | 1:50:03 |
| 81.   | 182 | Zeljko, Gasic        | Motion_line Wilnsdorf      | 4:40:56 | 81    | 74 | M35 | 53.  | 28:01     | 79.   | 2:12:03 | 73.   | 2:40:05  | 86.   | 2:00:51 |
| 82.   | 138 | Brouwer, Jörg        | TriFun Hennesee            | 4:43:04 | 82    | 68 | M40 | 83.  | 31:58     | 93.   | 2:18:23 | 94.   | 2:50:21  | 71.   | 1:52:42 |
| 83.   | 50  | Westermeier, Andrea  | LT Wischlingen Dortmund    | 4:43:39 | 83    | 63 | M45 | 72.  | 31:13     | 95.   | 2:18:50 | 93.   | 2:50:03  | 74.   | 1:53:35 |
| 84.   | 93  | Gießau, Reiner       | Wischer Tri Team           | 4:43:42 | 84    | 60 | M50 | 85.  | 32:13     | 59.   | 2:07:31 | 71.   | 2:39:44  | 93.   | 2:03:57 |
| 85.   | 31  | Domhoefer, Dirk      | FC Nordkirchen             | 4:44:00 | 85    | 78 | M30 | 100. | 35:01     | 90.   | 2:16:16 | 96.   | 2:51:17  | 71.   | 1:52:42 |
| 86.   | 11  | Neugebauer, Gerd     | ASV Duisburg               | 4:44:41 | 86    | 56 | M50 | 36.  | 25:38     | 77.   | 2:10:41 | 56.   | 2:36:19  | 97.   | 2:08:21 |
| 87.   | 123 | Brückmann, Armin     | Triathlon ASV Köln         | 4:45:25 | 87    | 65 | M45 | 24.  | 25:00     | 54.   | 2:06:57 | 45.   | 2:31:58  | 101.  | 2:13:26 |
| 88.   | 75  | Asseburg, Achim      | Rheine                     | 4:45:59 | 88    | 71 | M35 | 18.  | 24:47     | 94.   | 2:18:43 | 82.   | 2:43:30  | 91.   | 2:02:28 |
| 89.   | 131 | Belenguer, Arne      | Tri-Club Wuppertal         | 4:46:32 | 89    | 61 | M45 | 19.  | 24:48     | 72.   | 2:09:52 | 52.   | 2:34:40  | 99.   | 2:11:51 |
| 90.   | 151 | Balkenhohl, Thomas   | Tritus Arnsberg            | 4:47:37 | 90    | 67 | M40 | 55.  | 28:08     | 92.   | 2:17:18 | 84.   | 2:45:26  | 90.   | 2:02:10 |
| 91.   | 44  | Nowack, Dirk         | Lengerich                  | 4:51:16 | 91    | 74 | M35 | 107. | 36:36     | 80.   | 2:12:36 | 91.   | 2:49:12  | 88.   | 2:02:03 |
| 92.   | 91  | Oltmanns, Klaus      | SG-Diepholz                | 4:56:13 | 92    | 68 | M40 | 49.  | 27:13     | 98.   | 2:21:31 | 89.   | 2:48:44  | 95.   | 2:07:29 |
| 93.   | 32  | Klink, Werner        | Feuerwehr Gütersloh        | 4:56:22 | 93    | 61 | M45 | 75.  | 31:31     | 112.  | 2:36:43 | 108.  | 3:08:15  | 58.   | 1:48:06 |
| 94.   | 86  | Wibberg, Henry       | SC Rot-Weiß Verne          | 4:56:26 | 94    | 61 | M45 | 110. | 38:08     | 111.  | 2:34:44 | 111.  | 3:12:52  | 43.   | 1:43:33 |
| 95.   | 157 | Lutter, Christian    | TSV Hürup                  | 4:57:07 | 95    | 63 | M45 | 99.  | 34:59     | 86.   | 2:14:25 | 92.   | 2:49:25  | 96.   | 2:07:42 |
| Z     | 96. | 15 Saure, Andreas    | Borken                     | 4:57:33 | 96    | 69 | M40 | 80.  | 31:41     | 103.  | 2:24:34 | 99.   | 2:56:16  | 87.   | 2:01:17 |
| 97.   | 63  | Hahn, Donatus        | Münster                    | 4:59:31 | 97    | 84 | MHK | 89.  | 32:52     | 101.  | 2:23:56 | 102.  | 2:56:48  | 92.   | 2:02:42 |
| 98.   | 64  | Voelzke, Jan         | Münster                    | 5:03:45 | 98    | 87 | MHK | 96.  | 34:16     | 99.   | 2:22:32 | 101.  | 2:56:48  | 94.   | 2:06:56 |
| 99.   | 47  | Gehlen, Markus       | LG Rheine-Elte             | 5:05:59 | 99    | 67 | M40 | 86.  | 32:22     | 88.   | 2:14:58 | 87.   | 2:47:21  | 102.  | 2:18:38 |
| 100.  | 27  | Ens, Wilhelm         | Espelkamp                  | 5:07:51 | 100   | 74 | M35 | 104. | 35:45     | 96.   | 2:20:11 | 98.   | 2:55:56  | 100.  | 2:11:54 |
| 101.  | 99  | Jordan, Jürgen       | SuS Bertlich               | 5:13:27 | 101   | 53 | M55 | 114. | 44:43     | 113.  | 2:38:04 | 113.  | 3:22:48  | 66.   | 1:50:38 |
| 102.  | 84  | Opitz, Thorsten      | SC Melle 03                | 5:17:09 | 102   | 66 | M40 | 61.  | 28:42     | 106.  | 2:26:47 | 97.   | 2:55:30  | 105.  | 2:21:38 |
| 103.  | 59  | Janssen, Heiko       | MTV Aurich Triathlon       | 5:18:53 | 103   | 62 | M45 | 76.  | 31:32     | 105.  | 2:26:32 | 104.  | 2:58:05  | 104.  | 2:20:48 |
| 104.  | 146 | Schlehofer, Marcus   | Tri-Team Hagen             | 5:22:42 | 104   | 67 | M40 | 92.  | 33:21     | 108.  | 2:30:06 | 106.  | 3:03:27  | 103.  | 2:19:14 |
| 105.  | 8   | Eichstädt, Oliver    | 1. Tri-Team Gütersloh GT   | 5:25:45 | 105   | 73 | M35 | 105. | 35:53     | 104.  | 2:26:24 | 105.  | 3:02:17  | 108.  | 2:23:27 |
| 106.  | 28  | Breibach, Karl-Heinz | Espelkamp                  | 5:31:47 | 106   | 59 | M50 | 111. | 41:12     | 107.  | 2:28:22 | 109.  | 3:09:34  | 107.  | 2:22:12 |
| 107.  | 132 | Meuth, Ludwig        | Tri-Cops Warstein / PS     | 5:31:48 | 107   | 62 | M45 | 87.  | 32:42     | 102.  | 2:23:57 | 100.  | 2:56:39  | 112.  | 2:35:08 |
| 108.  | 137 | Harren, Jan Bernd    | Trifun Hennesee            | 5:33:36 | 108   | 64 | M45 | 63.  | 28:45     | 97.   | 2:20:14 | 90.   | 2:48:59  | 113.  | 2:44:36 |
| 109.  | 26  | Steuermehl, Claus    | Erkelenz                   | 5:35:23 | 109   | 79 | M30 | 112. | 41:40     | 114.  | 2:43:59 | 114.  | 3:25:40  | 98.   | 2:09:43 |
| 110.  | 175 | Paul, Thomas         | Westfalia Herne            | 5:38:52 | 110   | 56 | M50 | 97.  | 34:41     | 109.  | 2:32:56 | 107.  | 3:07:38  | 109.  | 2:31:13 |
| 111.  | 19  | Osterkamp, Josef     | DJK Coesfeld               | 5:42:27 | 111   | 38 | M70 | 116. | 56:01     | 87.   | 2:14:55 | 110.  | 3:10:56  | 110.  | 2:31:30 |
| 112.  | 88  | Swoboda, Rüdiger     | Schwimmclub Gelsenkir      | 5:50:47 | 112   | 59 | M50 | 113. | 43:27     | 115.  | 2:45:20 | 115.  | 3:28:48  | 106.  | 2:21:59 |
| 113.  | 51  | Küster, Werner       | Lübbecke                   | 5:55:16 | 113   | 55 | M55 | 115. | 46:19     | 110.  | 2:34:38 | 112.  | 3:20:58  | 111.  | 2:34:18 |
| 114.  | 10  | Waltz, Ingo          | 7er-extrem Holzwickede     | 5:59:24 | 114   | 61 | M45 | 95.  | 33:53     | 100.  | 2:22:58 | 103.  | 2:56:51  | 114.  | 3:02:32 |

# 19. Steinbecker Triathlon - 27. Juni 2010

## Steel Man (1,5/70/21)

gedruckt 30.06.2010 10:17:34

### Frauen

| Platz | Nr. | Name Vorname       | Verein/*Ort              | Endzeit | Total | Jg | AK  | Pl  | Schwimmen | Platz | Rad     | Platz | nach Rad | Platz | Laufen  |
|-------|-----|--------------------|--------------------------|---------|-------|----|-----|-----|-----------|-------|---------|-------|----------|-------|---------|
| 1.    | 96  | Fondermann, Rebecc | SSF Bonn Triathlon       | 4:12:16 | 1     | 79 | W30 | 5.  | 26:10     | 2.    | 2:06:58 | 2.    | 2:33:08  | 1.    | 1:39:08 |
| 2.    | 129 | Henke, Vera        | Tricity 2001 e.V.        | 4:15:59 | 2     | 80 | W30 | 6.  | 26:38     | 1.    | 2:03:10 | 1.    | 2:29:48  | 5.    | 1:46:11 |
| 3.    | 57  | Stöppler, Petra    | Marathon Steinfurt       | 4:20:23 | 3     | 66 | W40 | 1.  | 24:04     | 4.    | 2:13:33 | 3.    | 2:37:38  | 3.    | 1:42:45 |
| 4.    | 80  | Krömer, Ricarda    | SC Altenrheine           | 4:22:59 | 4     | 66 | W40 | 3.  | 26:06     | 6.    | 2:16:23 | 7.    | 2:42:29  | 2.    | 1:40:29 |
| 5.    | 120 | Ritter, Marita     | Tri Team Tus Engter      | 4:28:57 | 5     | 56 | W50 | 8.  | 29:21     | 3.    | 2:11:54 | 4.    | 2:41:15  | 7.    | 1:47:41 |
| 6.    | 21  | Kruska, Sabina     | Edewechter Schwimmverein | 4:28:59 | 6     | 63 | W45 | 7.  | 28:27     | 9.    | 2:17:33 | 8.    | 2:46:00  | 4.    | 1:42:58 |
| 7.    | 127 | Brinkmann, Anke    | Triathlon-Team Dissen    | 4:39:31 | 7     | 69 | W40 | 11. | 31:26     | 10.   | 2:21:08 | 10.   | 2:52:34  | 6.    | 1:46:56 |
| 8.    | 141 | Schumacher, Sabine | triSpeed Marienfeld      | 4:44:10 | 8     | 62 | W45 | 2.  | 25:31     | 7.    | 2:16:25 | 5.    | 2:41:57  | 10.   | 2:02:12 |
| 9.    | 83  | Beermann, Rita     | SC Falke Saerbeck        | 4:46:37 | 9     | 57 | W50 | 12. | 31:45     | 8.    | 2:17:25 | 9.    | 2:49:10  | 9.    | 1:57:26 |
| 10.   | 3   | Vossig, Tatjana    | 1. TCO Bären Oldenburg   | 4:49:54 | 10    | 67 | W40 | 4.  | 26:08     | 5.    | 2:15:55 | 6.    | 2:42:03  | 13.   | 2:07:50 |
| 11.   | 24  | Schäfer, Yvonne    | erdinger team            | 4:51:46 | 11    | 75 | W35 | 16. | 36:33     | 14.   | 2:26:21 | 15.   | 3:02:55  | 8.    | 1:48:51 |
| 12.   | 148 | Wortmann, Helga    | Tri-Team RC Sorpensee    | 4:56:09 | 12    | 74 | W35 | 10. | 30:23     | 12.   | 2:22:49 | 11.   | 2:53:13  | 11.   | 2:02:55 |
| 13.   | 12  | Bresa, Ulrike      | ASV Duisburg             | 4:58:41 | 13    | 63 | W45 | 14. | 32:34     | 11.   | 2:21:39 | 12.   | 2:54:14  | 12.   | 2:04:26 |
| 14.   | 107 | Rike, Havermann    | Team Bepo Hannover & f   | 5:12:03 | 14    | 79 | W30 | 15. | 33:02     | 13.   | 2:24:47 | 13.   | 2:57:49  | 15.   | 2:14:13 |
| 15.   | 145 | Schöning, Silke    | Triteam Dissen           | 5:16:33 | 15    | 71 | W35 | 9.  | 30:19     | 15.   | 2:29:34 | 14.   | 2:59:53  | 16.   | 2:16:40 |
| 16.   | 25  | Reinold, Astrid    | Erkelenz                 | 5:35:23 | 16    | 79 | W30 | 18. | 41:40     | 18.   | 2:43:59 | 18.   | 3:25:40  | 14.   | 2:09:43 |
| 17.   | 85  | Spiess, Petra      | SC Melle 03              | 5:44:14 | 17    | 75 | W35 | 13. | 31:51     | 17.   | 2:34:59 | 16.   | 3:06:51  | 17.   | 2:37:22 |
| 18.   | 16  | Wiethölter, Anja   | Borken                   | 5:52:31 | 18    | 72 | W35 | 17. | 37:29     | 16.   | 2:31:30 | 17.   | 3:09:00  | 18.   | 2:43:31 |